

Those Left Behind

Part I: The Military Family

I. Being a Military Spouse

A. Ambassadors of Christ

1. All Christians are called to be what according to Matthew 5:13-16?

2. What does Matthew 28:19-20 say all followers of Christ should do?

3. What must we always remember the reason why we are here on earth?

B. Spouse Support Role

1. What does your spouse need that is discussed in 1 Thessalonians 5:11?

2. What should you remember is your spouse's number 1 job while doing his work?

3. What are some other things that your spouse does that is important to his/her role in the military?

4. What is the most important thing you can do for your spouse while deployed or at home?

II. Being a Military Parent

A. Helping Children Cope With Absence of Deployed Parent

1. What can children pick up from the parent at home that will be negative in their lives while a deployed parent is away?

2. What is the essential message that God tells us about fear from Isaiah 41:10 and 41:13?

3. How does this Proverbs 22:6 guide your actions as a parent especially when another parent is deployed?

4. What must be balanced as a parent to help children cope with their emotions of sadness and anger?
